





## WORRIED ABOUT A CHILD?

Our support line  
is here for you.

## CHILDREN FIRST IS SCOTLAND'S NATIONAL CHILDREN'S CHARITY

We stand up for every child because all children should have a safe childhood.

We protect children from harm and support them to recover from trauma and abuse through our local and national support services.

We help children, their families and the people that care for them by offering emotional, practical, and financial support.

We believe all children should have hopes dreams and opportunities. But, for many they don't exist.

This needs to stop.

We must put children first.

Together we can create a safer, brighter future for all children in Scotland.

## SUPPORTING CHILDREN, SUPPORTING YOU

Today's generation are facing unprecedented challenges. From mental health, money worries and online harm, to struggles at school, our support line can offer help and advice to any family in Scotland.

There is no such thing as a perfect family and whatever challenges you are facing, we can help, and we won't judge.

We all need to look out for children who may be at risk or experiencing abuse or neglect. Children can't protect themselves and they need our help to stay safe.

If you have concerns about a child's wellbeing it can be difficult to know what to do. Our support line will listen and help you work through what's best for the child.

Our priority is to protect children and help families get the support they need.

It's time to put children first

## OUR LOCAL SERVICES

Children do well when families do well. Our local services help children and families in homes, schools and local communities whenever they need it. By offering emotional, practical and financial support, we prevent families reaching crisis point, keep children safe and help them recover from trauma and harm.

## STANDING UP FOR CHILDREN

We campaign for change to make life better for every child in Scotland. With over 140 years' experience of protecting children from harm and supporting them to recover from abuse and trauma, we have the knowledge and expertise to offer solutions to the biggest challenges they face.

Our campaign priorities are based on what the children and young people we support tell us matters most. We make sure their voices are heard as we work with partners, decision-makers and politicians to champion the changes that will protect children from harm and ensure their rights are fulfilled.

## SCOTLAND'S FIRST BAIRNS HOOSE

Where a child has been a victim or witness of a crime, we can help them navigate the justice system which can be frightening and complex. Courts are no place for children and we have pioneered the development of Scotland's first Bairns Hoose to ensure that children have a child-friendly safe place where all their needs are met under one roof.

We're continuing to work with partners and policy-makers to support the roll out of Bairns Hoose for every child that needs it. We won't rest until the day every child can get justice without going to court and get all the support they need to recover from trauma and abuse.



## WORKING WITH PROFESSIONALS

We work with professionals including teachers, health professionals, social workers, police, the courts and many others to support them to protect children and to fulfil children's rights.

In partnership with **sportscotland**, we work with sports governing bodies, clubs and other sporting professionals to help them keep children safe.

On behalf of the Scottish Government, we operate the Safeguarders Panel Team. The team recruit, select, train, appoint, support and manage Safeguarders; independent advisors who advise a Children's Panel or Sheriff about what is in the best interests of a child during a children's hearing or related court proceeding.

# Please donate today and help protect a child.



📞 0345 10 80 111 (Mon – Fri, 9am – 5pm)

🌐 [childrenfirst.org.uk/donate](https://childrenfirst.org.uk/donate)

✉️ **FREEPOST** RSGE-ZGBB-EKCJ, Children First, 83 Whitehouse Loan, Edinburgh, EH9 1AT

## 1. YOUR DETAILS

Make a donation at [childrenfirst.org.uk/donate](https://childrenfirst.org.uk/donate). Alternatively please fill in the form and send to: Freepost Plus RSGE-ZGBB-EKCJ, Children First, Whitehouse Loan, Edinburgh, EH9 1AT

Title:	First name:	Surname:
Address:		Postcode:

**By providing us with your telephone number and email address you are consenting to us contacting you via phone, text and email.**

Email address:	
Mobile (SMS) no.:	Home:

## 2. I WOULD LIKE TO MAKE A REGULAR MONTHLY DONATION



Instruction to your bank or building society to pay by direct debit.  
Please pay Children First a monthly donation of:

For Children First use only

Originator's ID no.: 6 0 1 2 4 0

<input type="checkbox"/> £5	<input type="checkbox"/> £8	<input type="checkbox"/> £12	<input type="checkbox"/> Other £_____
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3rd  15th of the month

Name(s) of account holder(s):																		
Account no.:									Sort code:		-		-					
Name and address of your bank/building society:																		
										Postcode:								
Account holder signature:										Date:	D	D	/	M	M	/	Y	Y

**Instruction to your bank or building society to pay by direct debit:** Please pay Children First direct debits from the account detailed in this instruction subject to the safeguards assured by the direct debit guarantee. I understand that this instruction may remain with Children First and, if so, details will be passed electronically to my bank/building society.



## Remember to Gift Aid it.

Make your donation worth 25% more at no cost to you.

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## 3. I WOULD LIKE TO MAKE A ONE-OFF CASH DONATION

**£25**

**£50**

**£100**

**Other £** \_\_\_\_\_

I enclose my cheque/CAF voucher made payable to 'Children First'

**OR**

Please debit my Mastercard / Visa Debit / Visa Credit / Charity card

Card number:

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Signature:

## 4. DON'T FORGET TO TURN EVERY £1 YOU DONATE INTO £1.25

I want to Gift Aid any donations I make in the future or have made in the past four years to Children First. I am a UK taxpayer and understand that if I pay less income tax and/or capital gains tax in the current tax year than the amount of Gift Aid claimed on all my donations, it is my responsibility to pay any difference. I understand the charity will reclaim 25p of tax on every £1 that I give.

I am not currently able to Gift Aid my donations.

Date:

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## 5. KEEPING IN TOUCH

We would like to keep in touch with you and provide you with updates on our vital work keeping children safe and how you can support us. We will contact you by post unless you tell us otherwise. We promise to respect your privacy and keep your details safe. You can update your preferences by phoning **0345 10 80 111** (Monday to Friday 9am - 5pm) or emailing [fundraising@childrenfirst.org.uk](mailto:fundraising@childrenfirst.org.uk). For further details on how your data is used and stored, please see our privacy policy at [childrenfirst.org.uk/privacy](http://childrenfirst.org.uk/privacy).

Registered Scottish Charity No. SC016092. Registered Office: 83 Whitehouse Loan, Edinburgh EH9 1AT

**CHILDREN  
FIRST** Protecting  
Scotland's  
Children

# Worried about a child?

Our support line is here to help.  
Call free on **08000 28 22 33**  
or visit [childrenfirst.org.uk](http://childrenfirst.org.uk)





## OUR VALUES

**With love,**  
we put children first.

**With purpose,**  
we transform children's lives together.

**With strength,**  
we do whatever it takes to  
protect Scotland's children.

Together, we can create a brighter future  
for Scotland's children. Their hopes, dreams  
and opportunities are in our hands.