

August 2022

Children 1st
😊

Bairns Hoose

North Ayrshire - Family Fun day

What have we been up to?

We met with 30 children aged between 2 - 12 years old at North Ayrshire's family fun day. The afternoon was filled with lots of lovely conversations about what the Bairns Hoose might look and feel like. The children explored what makes a place feel safe, comfortable and cozy. This session focused on 'right place and space'.

The right place and space

Children shared the importance of yummy (healthy) food, kind staff and the look and feel of the house being just right.

All of these things can help children feel better, safer and more at ease.

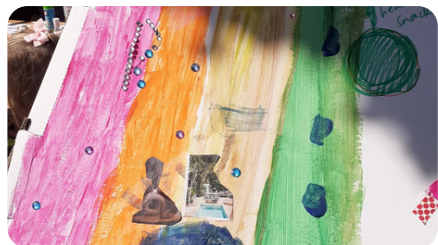
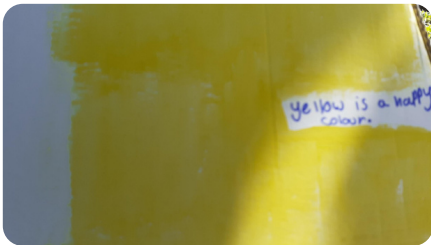


Key Themes

colour



One key theme that the children shared their views on was the importance of colour. Some of the children shared reasons on why certain colours were more calming and comforting, where other children shared their favourite colours, including children who were non verbal. Children shared that colour can completely change how they feel, for example yellow helps them feel happy. Many children shared the Bairns Hoose should have colours that help children feel comfortable, safe, calm and relaxed.



The two colours that were the most talked about were yellow and purple. The children shared that yellow and purple are happy and comforting colours. They shared that yellow reminds them of the sun which reminds them of happy times. Many reflected that although the Bairns Hoose might not be a happy place for children and young people there should be things within the house that brings out happier feelings.

The children also shared that blue and green were also nice colours to have in a space that helps and supports children. They explained that these colours remind them of nature which feels relaxing and calming.

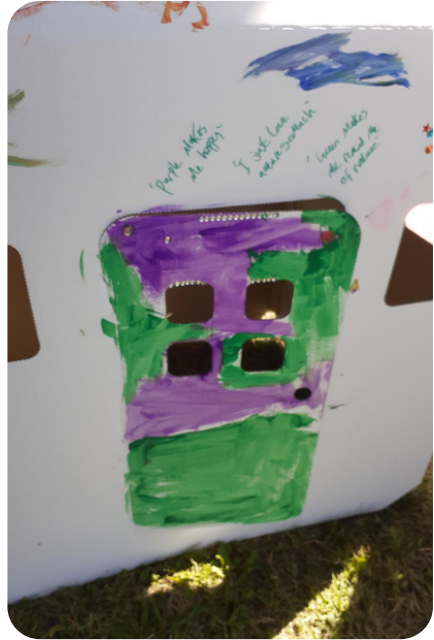
Pink was also shared as a favourite colour by many of the young girls that participated. They said it made them feel happy and calm.

Love



Love was spoken about a lot throughout the session. Many children expressed that they feel a safe and comfortable place should feel like it is filled with love. They explained that love can be shown in different ways. Some examples were:

- Love can be shown in how a person is made to feel
- How staff treat each other and children, young people and families
- Everyone treated equally and fairly
- Non-verbal cues like peoples 'vibe', energy and body language is kind and caring
- Children, young people and families feel listened to throughout their experience



Feeling welcomed

Children expressed the importance of feeling welcomed into the Bairns Hoose. This is from the moment they walk through the front door. Children shared that the outside of the house should also feel welcoming so it should be well looked after and every child and young person is made to feel welcomed right away.

One child decorated the front door and after a long chat about this she shared that she always wants to feel comfortable when walking through a door (inside and out) so lots of time should be spent thinking about how children are welcomed into the space. She explained everyone should be helped to feel calm and as happy as they can be when arriving.